

U P P I N G H A M

R U R A L D I S T R I C T C O U N C I L

A N N U A L R E P O R T

of the

M E D I C A L O F F I C E R O F H E A L T H

for the

Y E A R E N D I N G

31st December, 1964

UPPINGHAM RURAL DISTRICT COUNCIL

A N N U A L R E P O R T

of the

MEDICAL OFFICER OF HEALTH

1964.

Mr. Chairman, Ladies & Gentlemen,

I submit herewith my Annual Report for the year 1964. This report deals generally with matters within my responsibility regarding Public Health and Preventive Medicine, and it is presented in the form required by the Ministry of Health.

GENERAL STATISTICS

Area (in acres)	24,735
Registrar General's Estimate of Population	6,170
Number of inhabited houses at the end of 1964	1,980
Rateable Value	£152,866
Net product of penny rate	£551.17.3.

VITAL STATISTICS

	<u>Males</u>	<u>Females</u>	<u>Total</u>
Live Births - Legitimate	55	51	106
- Illegitimate	2	3	5
Still Births - Legitimate	Nil		
- Illegitimate			
	<u>Rate for</u>	<u>Rate for</u>	
	<u>District</u>	<u>England & Wales.</u>	
Birth Rate	21.4	18.4	
Death Rate	10.8	11.3	
Infant Mortality Rate for 1,000 live births	9.0	20.0	

CAUSES OF DEATH

	<u>Male</u>	<u>Female</u>
Malignant neoplasm, stomach	-	2
Malignant neoplasm, breast	-	2
Malignant neoplasm, lung, bronchus.....	2	-
Malignant neoplasm, uterus	-	1
Other malignant & lymphatic neoplasms	2	3
Leukaemia, aleukaemia.....	-	-
Diabetes ...	1	1
Vascular lesions of nervous system ..	4	5
Coronary disease, angina.....	5	4
Hypertension with heart disease	2	2
Other heart disease ...	4	4
Other circulatory disease ...	3	2
Influenza	-	1
Pneumonia	1	-
Bronchitis	3	-
Other diseases of respiratory system	-	1
Ulcer of stomach and duodenum	-	1
Gastritis	-	-
Nephritis and nephrosis	1	-
Hyperplasia of prostate	1	-
Other defined and ill-defined diseases	5	7
Motor vehicle accidents	-	1
Total	<u>34</u>	<u>37</u>

PREVALENCE OF AND CONTROL OVER INFECTIOUS & OTHER DISEASES

Notifiable Diseases (other than
Tuberculosis) during the year 1964.

<u>Disease</u>	<u>Total cases notified</u>	<u>Cases admitted to hospital</u>	<u>Total deaths</u>
Measles	5	-	-
Whooping Cough	1	-	-
Influenzal Pneumonia	1	-	-

Disease	Under 1	$\frac{1}{2}$ 2	$\frac{2}{3}$ 3	$\frac{3}{4}$ 4	$\frac{4}{5}$ 5	$\frac{5}{10}$ 10	$\frac{10}{15}$ 15	$\frac{15}{25}$ 25	$\frac{25}{35}$ 35	$\frac{35}{45}$ 45	$\frac{45}{64}$ 64	65 and over
Measles		1	1	1	2							
Whooping Cough							1					
Influenzal Pneumonia												1

Tuberculosis

New Cases and Mortality during 1964

No new cases were notified during the year.

TYPE OF DISTRICT

The district is almost entirely agricultural.

GENERAL PROVISION OF HEALTH SERVICES
FOR THE AREA

Public Health Officers of the Authority.

Medical Officer of Health - John Young, M.B., Ch.B.,D.P.H.,Camb.
(now retired)

Public Health Inspector & Surveyor - J.E.Garbett, M.R.S.H.,A.F.S.

Assistant Public Health Inspector & Surveyor - D.G.Beaumont,A.R.S.H.

The following examinations were carried out during the year at the Public Health Laboratory, Leicester:-

Nose & Throat swabs	-
Faeces & Urine	13
Milk	37
Water	22
Sputa	2
Food	3

SANITARY CIRCUMSTANCES OF THE AREA

WATER

Supply

The water supply for this district is derived as follows :-

(a) from the Leicester Corporation's Welland Valley Waterworks to the
parishes of - Uppingham
Lyddington
Thorpe by Water
Ayston
Bisbrooke
Seaton
Stoke Dry
Glaston

(b) from the Leicester Corporation's River Dove source to the parishes
of - North Luffenham
South Luffenham
Morcott
Wing
Preston
Ridlington
Pilton
Belton

(c) from the Oundle & Thrapston's R.D.C.'s borehole at Tixover (bulk supply) to the Parish of Barrowden.

(d) from the Mid-Northamptonshire Water Board to the parish of Caldecott.

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(e) Two small parishes are without public mains supply i.e. Wardley (population 22) and Beaumont Chase (population 4). At Wardley a good piped supply is available from a private estate.

Quantity & Quality

No centre of population in the district (excepting Wardley already adequately supplied) is without mains water. There are only a few isolated properties outside the range of the water mains. Fourteen samples of mains water in the district were taken for bacteriological examination and received satisfactory reports. None of the mains water supplies have plumbo-solvent characteristics.

The City of Leicester Water Department and the Mid-Northamptonshire Water Board have their own arrangements for sampling and examination of water supplies. Samples taken within the area of these two supplying authorities were, therefore, in the nature of a double check on the quality of supplies. All of the samples were taken from supply and it was not practicable to take samples of raw water, as the sources of supply are distant and adequately controlled by the supplying authorities.

Eight samples of water from shallow wells were obtained. Four of these samples were not satisfactory and action was taken to improve the quality or close the supplies.

There was no shortage of water during the year.

PUBLIC SWIMMING BATHS

There are no public swimming baths in the district. Uppingham School has its own swimming bath for the use of the boys and staff.

DRAINAGE & SEWERAGE

Progress with sewerage and sewage disposal schemes continued during the year. The sewered areas are -

Barrowden
Belton
Caldecott
Glaston
Luffenham, North
Luffenham, South
Lyddington
Morcott
Preston (parts of)
Ridlington
Uppingham and
Wing

Ridlington sewerage and sewage disposal scheme was completed and came into use. The construction of a sewage disposal works to replace the old sewage farm in Uppingham was also completed and a source of pollution of the small receiving stream removed.

The provision of sewerage for the greater part of the district has resulted in a steady rate of voluntary closet conversions (helped by aid under the provisions of section 47 of the Public Health Act, 1936 and the grant aid provisions of the Housing Acts). However, where voluntary schemes for conversions do not materialize within a reasonable time, the Council now operate compulsory powers.

The estimated closet accommodation for dwellings at the end of the year in the district was

(a) Privies and pail closets	390
(b) Water Closets	1,590

PUBLIC CLEANSING

A ten-day refuse collection service was maintained during the year. The control of the refuse tip at all times was difficult, due to insufficient covering material and equipment. Joining with adjoining local authorities to provide an improved centralized refuse disposal plant might provide a solution to this problem.

PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The Council continued to participate in the Rutland County Joint Pest Control Scheme, which worked successfully through the year.

SANITARY INSPECTION OF THE AREA

Particulars given here are for all purposes, including particulars given elsewhere in the report.

Total number of complaints received 26

Number of defects or nuisances discovered 41

<u>Nature of Inspections</u>	<u>Number of inspections</u>	<u>Number of re-visits</u>
Water Supplies	39	52
Milk supplies	18	8
Dwellinghouses	61	31
Tents, vans, etc.	42	53
Food premises	123	31
Offensive Trades	-	-
Factories & Workshops	26	3
Drainage systems	343	23
Sewage plant	24	220
Slaughterhouses	2	197
Meat & Foods	210	-
Infectious disease	16	-
Refuse collection and disposal	90	123
Offices & Shops	43	-
Miscellaneous	120	23
Farm premises	41	20
	<u>1,198</u>	<u>784</u>

NOTICES

<u>Preliminary</u>	<u>Housing</u>	<u>Other</u>
Outstanding on 1st January, 1964	2	1
Issued during the year	5	42
Complied with during the year	4	37
Statutory action necessary	1	5
Outstanding on 31st December, 1964	1	2
<u>Statutory</u>	<u>Housing</u>	<u>Other</u>
Outstanding on 1st January, 1964	1	1
Issued during the year	1	5
Complied with during the year	2	4
Outstanding on 31st December, 1964	1	1

HOUSING

Grant-aided improvements made a substantial contribution towards the modernisation of houses in the district.

The Housing Act, 1964, which came into force towards the end of 1964, provided useful new powers to require the improvement of suitable houses and work in this sphere was commenced.

The following table shows the grant-aided work carried out in 1964:

Grant-aided Schemes	"Standard"		"Discretionary"	
	Owner-occupied	Tenanted	Owner-occupied	Tenanted
Approved	5	10	21	11
Completed	8	2	19	9

The number of unfit houses demolished during the year	-	2
" " " " " closed	-	1
" " " " " remedied as a result of L.A. action	-	14
" " " new private dwellings completed	-	26
" " " " " under construction at the end of year	-	34
" " " council houses completed	-	9
" " " " " under construction at the end of year	-	4

More dwellings for old people are needed. These would not only provide accommodation for old people, but would also release under-occupied houses for younger people with families.

At the end of the year there were 110 applications for accommodation on the Council's list. Twenty-seven applications were from persons outside the district.

FOOD

Milk

Nineteen samples of milk produced and/or retailed in the district were submitted to the Public Health Laboratory, Leicester, for bacteriological examination.

Brucellosis was reported in one sample.

Meat & Foods

There were two small slaughterhouses in use in the district and 100% meat inspection for the year would have been achieved but for a misunderstanding regarding slaughtering arrangements during a Bank Holiday period.

Carcases Inspected.

Animals	Cattle (excluding cows)	Cows	Calves	Sheep & Lambs	Pigs	Horses
Number killed	178	Nil	1	994	227	Nil
Number inspected	175	Nil	1	983	224	Nil

Amount Condemned (Percentage)

Condemned	Cattle	Sheep	Pigs
Carcases or parts of carcases	Nil	Nil	Nil
Organs	7%	1%	1%
Stomachs & Intestines	Nil	Nil	Nil

Most of the organs condemned had parasitic infestations or abscesses.

The standard of the meat trade in the district was generally good.

Food Premises

1. No. of premises by type of business.

Bakehouses	3
Dairies	1
Butchers' Shops	6
Hotels & Cafes	7
Grocers' Shops (including Greengrocers, etc)	32
Fish, fried	Nil
Fish, fresh	1
Premises for sale of Ice-Cream	27

Note: Certain premises are automatically included under more than one sub-heading, e.g. Cafes and Ice-Cream Premises.

2. No. of Food Premises registered under section 16 of the Food & Drugs Act, 1955.

Premises registered for the sale of Ice-Cream	27
Others	5

3. No. Dairies registered under the Milk & Dairies Regulations, 1949.

.....	1
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4. No. of Inspections of registered Food Premises

.....	154
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5. Method of disposal of Condemned Food.

Burnt or buried at Council refuse tip.

6. Examination of Food Consignments Nil

Food Hygiene Regulations, 1960.

All food premises in the district were visited during the year. The standard of these premises improves yearly. The greatest room for improvement is in the standard of knowledge, and application of the principles of, food hygiene by persons engaged in the food trade.

NATIONAL ASSISTANCE ACT, 1948.

No action has been necessary during the year.

I have the honour to be,
Your obedient servant,

W. L. PALMER

MEDICAL OFFICER OF HEALTH.

A P P E N D I X

FACTORIES ACTS, 1961

Prescribed Particulars on the Administration
of the Factories Act, 1961.

PART 1 OF THE ACT

1. - INSPECTIONS for the purposes of provision as to Health
(including inspections made by Public Health Inspector).

Premises	Number on Register (2)	Number of		
		Inspec- tions (3)	Written Notices (4)	Occupiers prosecuted. (5)
(i) Factories in which Sections 1,2,3,4, & 6 are to be enforced by local authorities ...	1	2	-	-
(ii) Factories not included in (i) in which section 7 is enforced by the local authority	22	24	-	-
(iii) Other premises in which section 7 is enforced by the local authority (excluding outworkers premises)	1	1	-	-
	24	27	-	-

2. Cases in which DEFECTS were found Nil

PART VIII OF THE ACT

Outwork
(sections 133 and 134)

Nil

